

SERIES – Does the Bible Really Say That?
How Should We Worship? - 5/31/26
John 4:21-24

*Stay in the moment when you worship and
let your life be an act of worship*

SCRIPTURE PASSAGES

- I. What It Means to Worship in Spirit and in Truth
- Our worship must be sincere, heartfelt, respectful
 - It must be rooted in the reality that God is real
 - It must be authentic and not done in a mechanical way
 - We must be involved, engaged, and absorbed in it; not just going through the motions
 - We must be mindful when we worship – focused on the present moment; noticing our thoughts, feelings; not thinking about the past or things we need to do later
 - God deserves our full attention
- II. Where Should We Worship
- Jesus said since God is a Spirit, we can worship him anywhere because he is everywhere
 - Worship should be a lifestyle
 - We are a living sacrifice (Romans 12:1)
 - Worship is a living activity and offering to God
 - Worship expresses our thankfulness to God
- III. Specific Elements of Worship in the Bible
- The Bible does not spell out a specific way to worship, but gives us some guidelines and examples
 - Greek word for worship means to show deep respect by bowing down – We humble ourselves when we worship
 - Worship should include:
 - Songs
 - Prayer
 - Teaching
 - Fellowship
 - Breaking bread – Communion and shared meals

John 4:21-24 - Jesus said to her, “Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. ²²You worship what you do not know; we worship what we know, for salvation is from the Jews. ²³But the hour is coming and is now here when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. ²⁴God is spirit, and those who worship him must worship in spirit and truth.”

Romans 12:1 - I appeal to you therefore, brothers and sisters, on the basis of God’s mercy, to present your bodies as a living sacrifice, holy and acceptable to God, which is your reasonable act of worship.

Colossians 3:16 - Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns, and spiritual songs to God.

Acts 2:42 - They devoted themselves to the apostles’ teaching and fellowship, to the breaking of bread and the prayers.

Ephesians 5:18-19 - ... be filled with the Spirit, ¹⁹as you sing psalms and hymns and spiritual songs to one another, singing and making melody to the Lord in your hearts, ²⁰giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

Psalms 95:1-7 - O come, let us sing to the Lord; let us make a joyful noise to the rock of our salvation! Let us come into his presence with thanksgiving; let us make a joyful noise to him with songs of praise! ³For the Lord is a great God and a great King above all gods. ⁴In his hand are the depths of the earth; the heights of the mountains are his also. ⁵The sea is his, for he made it, and the dry land, which his hands have formed. ⁶O come, let us worship and bow down; let us kneel before the Lord, our Maker! ⁷For he is our God, and we are the people of his pasture and the sheep of his hand.